



Little Discoveries December Menu



<u>Week:</u>	<u>Monday:</u>	<u>Tuesday:</u>	<u>Wednesday:</u>	<u>Thursday:</u>	<u>Friday:</u>
	Breakfast: WG Cereal, Banana, GoGurt, 100% Juice, Milk	Breakfast: Waffle, Canadian Bacon, Strawberries, Milk	Breakfast: Cinnamon Roll, Bacon, Pineapple, Milk	Breakfast: Bagel, Sausage, Applesauce, Milk	Breakfast: Pancake, Egg Patty, Mandarin Oranges, Milk
12/1-12/5	Lunch: Corn Dog, Broccoli, Peaches, Milk	Lunch: Chicken Strips, WG Bread Slice, Corn, Blueberries, Milk	Lunch: Salami & Cheese Sub, Carrots, Pears, Milk	Lunch: Scalloped Potatoes w/ham, WG Bread Slice, Green Beans, Grapes, Milk	Lunch: Pulled Chicken Sandwich, Cooks Choice Fruit & Veggies, Milk
	Snack: Puffcorn, Mandarin Oranges, Popcorn, Orange Smiles, Water	Snack: Nilla Wafers, Yogurt, Water	Snack: WG Goldfish, Applesauce, Appleslices, Water	Snack: Club Crackers, Fruit Twist, Water	Snack: WG Graham Cracker, Pudding Cup, Water
	Breakfast: WG Cereal, Banana, GoGurt, 100% Juice, Milk	Breakfast: English Muffin, Bacon, Mandarin Oranges, Milk	Breakfast: WG Toast, HB Egg, Pears, Milk	Breakfast: Biscuit, Canadian Bacon, Pineapple, Milk	Breakfast: French Toast Sticks, Sausage, Applesauce, Milk
12/8-12/12	Lunch: Pizza Rolls, Green Beans, Pineapple, Milk	Lunch: Chicken Broc. Rice Bake, WG Bread Slice, Mixed Veggies, Peaches, Milk	Lunch: Fish Sticks, Corn, Grapes, Milk	Lunch: BBQ Meatballs, WG Bread Slice, Broccoli, Blueberries, Milk	Lunch: Sloppy Joes, Cooks Choice Fruit & Veggies, Milk
	Snack: Soft Pretzels, Applesauce, Pretzels, Appleslices, Water	Snack: Belvita Bar, SF Jello, Water	Snack: Veggie Straws, Chips & Salsa, String Cheese, Water	Snack: WG Nutri-Grain Bar, Yogurt, Water	Snack: WG Ritz Crackers, Peppers, Cucumbers, Water
	Breakfast: WG Cereal, Banana, GoGurt, 100% Juice, Milk	Breakfast: Waffle, Canadian Bacon, Applesauce, Milk	Breakfast: Cinnamon Roll, Sausage, Mandarin Oranges, Milk	Breakfast: Bagel, Egg Patty, Pears, Milk	Breakfast: Pancake, Sausage, Strawberries, Milk
12/15-12/19	Lunch: Hamburger on a Bun, Mixed Veggies, Peaches, Milk	Lunch: Chicken Nuggets, Green Beans, Blueberries, Milk	Lunch: Spaghetti, WG Bread Slice, Corn, Grapes, Milk	Lunch: Ham & Cheese Sub, Carrots, Pineapple, Milk	Lunch: Chicken Veggie Pasta, WG Bread Slice, Cooks Choice Fruit & Veggie, Milk
	Snack: Animal Crackers, Mandarin Oranges, Orange Smiles, Water	Snack: WG Fig Newton Bar, Cheese Stick, Water	Snack: Wheat Thins, Cottage Cheese, Water	Snack: WG Goldfish, Fruit Twist, Water	Snack: HOLIDAY SNACK MIX!

12/22-12/26	LD Closed	LD Closed	LD Closed	LD Closed	LD Closed
					
	Breakfast: WG Cereal, Banana, GoGurt, 100% Juice, Milk	Breakfast: English Muffin, Bacon, Mandarin Oranges, Milk	Breakfast: French Toast Sticks, Sausage, Applesauce, Milk		
12/29-12/31	Lunch: Pizza Bagels, Mixed Veggies, Peaches, Milk	Lunch: BBQ Meatballs, WG Bread Slice, Green Beans, Blueberries, Milk	Lunch: Chicken Patty, Cooks Choice Fruit & Veggie, Milk	LD Closed- Happy New Year!	LD Closed
	Snack: Pastry Crisps, Applesauce, Appleslices, Water	Snack: Soft Pretzels, Pretzels, Yogurt, Water	Snack: WG Cooks Choice Snack, Water		
	Infants: Vitamin D Milk, Toddler - School Age: 1% Milk			WG = Whole Grain	
	<i>*Italicized options denote Infant - Toddler Classrooms</i>			SF = Sugar Free	